

# EC ABC Meeting

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12<sup>th</sup> April 2015

Pheobus Meeting Room,  
Joseph Strassmann, 9  
Köln University,  
Germany.

Attendees:

<b>Kevin Herbert</b> President	<b>Anthony Wagstaff</b> 1st Vice-President	<b>Vincent Feuille</b> 2nd Vice-President	<b>Declan Maher</b> Secretary General
<b>Jochen Hinkelbein</b> Treasurer	<b>Cristian Pannait</b> Communications Director		<b>Roland Vermeiren</b> Co-opted Member Executive Committee, Vice President AsMA
<b>Ries Simons</b> Chair Advisory Board Committee	<b>Hedi Ranfelt</b> Co-Chair Advisory Board Committee	<b>Alexander Usachev</b> Co-opted Member Advisory Board Committee	<b>René Maire</b> Co-opted Member Advisory Board Committee
<b>Lars Tjennsvol</b> Organising Committee Chair. ECAM 5	<b>Claudia Stern</b> Co-opted Member Advisory Board Committee		<b>Martin Hudson</b> Co-opted Member Advisory Board Committee

Apologies:

Apologies from Felix Strollo due to a family emergency. Apologies also from Elena, who is currently working in Kazakhstan for ICAO.

## 1. Welcome.

Kevin opened the meeting at 09:50. On behalf of the Executive Committee (EC) and the Advisory Board Committee (ABC), he thanked Jochen for providing the location and services at Köln University for the meeting. This meeting was to have been in tandem with the EASA MEG, but the latter was postponed until later this year.

He went through the plan for the agenda, allowing for the expected late arrival of some officers and the early departure of other officers.

These minutes are a contemporaneous record of the meeting and as a result, the order will depart from the itemised agenda.

## **Minutes of the EUROCONTROL Meeting November 2014.**

**5minutes.**

Corrections were made to the minutes of the EC ABC Meeting in EUROCONTROL, November 2014. These were agreed upon and accepted unanimously.

Matters arising out of the minutes:

- Roland will continue to seek clarification about facilitating the AsMA FAA Seminar being held before or after ECAM 5. The situation at The Academy is unclear at present.
- FAA Seminars run in parallel with detract from the ECAM 5 attendees, whilst running it immediately before, or after should enhance attendee numbers. Typically, 70-80 people.
- Three mailing lists are needed for the EC-ABC, which should be held at the website domain. These are the EC, The EC-ABC and the Extended EC.
- Lars will be co-opted onto the EC Mailing list until the completion of ECAM 5. This will comply with the statutes.
- The design and procuring of the ESAM 10<sup>th</sup> Anniversary Commemoration Medal needs to get under way. Seppe will be invited to carry this out.
- Martin Hudson accepted co-option to the ABC and attended the meeting in Dafos.
- Advertising for the ESAM meeting at AsMA in the Blue Journal failed as the deadline was passed.
- An advertisement will be placed in the AsMA Supplementary Agenda booklet. A cost is expected. Roland will act on this.
- Declan will search for a copy of the meeting between Dr. Kevin Herbert and Dr. Phil Sharpa.

**Declan will search for the photo of the meeting.**

The Black Holes of Aerospace Medicine; how can we find them?

### **Presidents Report.**

Kevin was approached to take part in an interview with German TV media, scheduled for yesterday, but no further action happened.

His concern was that the journalists claimed to know the content of an email sent to the extended EC. Roland was correct when he said that there is nothing in the thread that he would not be willing to stand over. The content was reasoned and appropriate. Kevin had highlighted three issues regarding the recent German Wings tragedy:

- Too early to speculate.
- Promotes Fly Safe, Fly Well.
- When the facts are known, we may advise on mechanisms to improve flight safety.

A discussion followed regarding how ESAM should respond to requests from the media. It was agreed that:

- ESAM should have a spokesperson on contentious issues.
- The President should be that Spokesperson, who should have media training.
- If not media trained, training should be given during the President Elect phase.

This recent event highlighted our low presence. Kevin had received invitations to comment by only three media organisations and none regarding aerospace medicine. “The press and our colleagues do not yet know of our existence.” On the contrary, Vincent working at Air France, had numerous enquiries.

The information exists, but it is not easy to find on our website. We need to have keywords for searching.

Three issues are currently active in the media:

- German Wings
- Aerotoxic Debate publicity increasing, gathering media credence
- Fatigue.

**Memberships:** Renewed communication with Finland will occur.

**Communication:** There was a discussion about email chatter and the varying volumes.

How are we going to communicate?

#### ECAM 5

- A Memorandum of Understanding has been signed by all three groups: ESAM, AsMA and NAMA. **INSERT LINK.**
- Lars as Chair of the Organising Committee will report to the EC via the President. He proposes a newsletter updating all involved. The key Social elements are already in place: the Opening Ceremony and the Formal Dinner.
- The Scientific and Programing Committees will report to the Organising Committee.
- The Conference Committee is paused and might be required at the ECAM 7.
- Issues of translation and multi-lingual presentations were discussed.
- We need to find mechanisms to make the ECAM more attractive to AMEs, offering translation services by societies may help this. Perhaps ESAM could help sponsor this initiative.

Roland spoke of some of the ideas being floated including the possibility of co-hosting every alternate ECAM with AsMA. We need to discuss this as it may have an impact on the status of our ECAM. This could be a mechanism for giving accreditation and MOC points to people in Europe. This has strategic implications.

Changes to the current ESAM map and list of member associations were discussed. AsMA is a strategic partner and we will change the phrase from “Member Associations” to “Supporting Associations.” This shows that ESAM is the only pan-European society and is support by the following associations...

## **Treasurer's Report. See Jochan's report.**

Carla's Report was presented by Jochen.

- €8.50 Early Bird Fee and €10 Regular Fee.
- 15% reduction to fees paid before end of June.
- Target end April for invoices to be sent to Associations.
- DEADLINE for Change of EC by end of May 2015.
- DEADLINE for President Elect Nominations, 20<sup>th</sup> July 2015 (28 days before the GA) in accordance with the statutes.
- Are there ways that the registration can be transferred to another member state.
- Claudia will speak with a lawyer. See what options there are to transfer.

## **The 9<sup>th</sup> General Assembly, Oxford 2015.**

Sunday 20<sup>th</sup> September 2015. The General Assembly will be held at 16:00 and preceded by the EC-ABC meeting from 14:00 to 16:00. Kevin will seek a room for the four hours required.

We will need to ask Lilla to commence seeking nominations for the office of President Elect. It was agreed that this should happen as soon as is practical following acceptance of the new EC by the German Courts. Ideally, this must be completed by the 29<sup>th</sup> July 2015,

NC Ask Lilla to start process by 20<sup>th</sup> July to seek President Elect. Lars asks why not seek it now.

Kevin suggested that we transfer some of the funds into a trust account as there will be no ECAM this year and there should be an overall profit.

Since Most of the members of the EC are unchanged, it should be possible to continue the work of the EC with the continuing officers. In light of this, Declan will send a request for fee payment to the individual members based on the numbers declared as of last year.

Jochen will forward a list of members and contact details.

Break for lunch 12:15

## 9. ECAM 2016

The dates for the ECAM in Oslo were confirmed as being 15-18<sup>th</sup> October 2016. The Memorandum of Understanding has been signed by ESAM, AsMA and NAMA. Lars made a presentation of the ECAM 6. The website for the meeting is as follows:

[www.norskflymedisin.no/ecam2016/](http://www.norskflymedisin.no/ecam2016/)

Members of the Scientific Committee are as follows:

- Alex Garbino, EX Com former President of the Student's committee, and vice president for AsMA in Education and Research
- Prof. Mike Bagshaw, co-opted ABC member
- Dr. Kevin Herbert, President ESAM
- Dr. Rles Simons, Chair ESAM ABC
- Dr. Trond Erik Norwegian rep, Complete his surname
- German AME ?Name

Roland and Trond Erik have presented the proposal to co-locate the CMO's forum as close to the ECAM as possible. It would be ideal if they could be at the same time as the FAA meeting.

We should work on the social programme when we meet in Orlando. It is hoped that 300 will attend. The following elements are included:

- The Opening Ceremony
- The Formal Dinner

"Visit Oslo" will organise a sight-seeing tour, registering on the website, but that will be for the outside the remit of the ECAM organisers.

A cultural event in the evening based near to the ski jump, with a cultural component on the Saturday evening is being explored. Anthony will ask the air force to participate.

The GA of ESAM will take place on the Sunday afternoon. This should be where the founding members are honoured at a ceremony. Consider a small reception for this. Per Ava will be invited. The other membership category needs to be considered.

Kevin suggested debate at the end of presentations, as was done in Bucharest using a combination of presentations, abstracts and then debate, as the format. Pushing the "Fly Well, Fly Safe" topic will be as pertinent next year as it is now. We are using a structured interview/ discussion rather than a general conversation. We need to recognise that the issues that are relevant for the military are as they are for civilian aviation, not different (as we have traditionally looked!) Direct contact is the best way of spreading the news. Hedi will mention the ECAM 5 at Ramstein.

Care must be taken about how the CPD points are accredited. Some of the debate elements are not seen as education. There can be tension between the pure science and the process. Ries proposed

asking the abstract submitters to include some questions that might be good as being evidence of scientific content. We will need to build a good introduction on the topics. The CPD will be signed off by the Norwegian CMO and the ECAM is mentioned in EASA as an automatic accreditation for CPD.

- Consider using the Norwegian GP groups/Occupational health physicians/ psychiatrists/ Medical Military groups in Norway.
- It is important to have the programme completed ASAP to allow dissemination of the accreditation.

Cristian said we should add the Aims of the meeting, as that will be used as an advert for the conference in the various journals including; Soframas, ENAF, National associations of occupational health.

- The hotel can cater for 1000. Realistically, we are looking at 200-300 delegates. There is a conference package, including the gala dinner. ICASM includes all the add-ons as complementary. Alcohol cannot be added to any ticket.
- THE TAPPED HEN. Each member bring a bottle of local spirit. Consider offering it to AsMA and have it engraved.
- Thursday Lunchtime Meeting of the AsMA EX-COM 11:30-13:30. Lars will send a list for the agenda in advance. There was a robust discussion about what is understood to be the lunchtime meeting. Seppe will continue to work with us.
- Roland briefed Anthony about the FAA discussion of this morning.
- Lars will update the OC on today.
- Andy Belenkas will attend AsMA this year.
- AsMA Business Lunch to do ECAM 5 presentation on the Thursday.
- Lars will contact CAMA

## UPDATES

### SG Report.

Declan presented his report on PowerPoint. This is available on the above link.

Main points:

- Status of the EC.
- Membership and new applications
- Paolo Tosco Award
- Inter Alia Meetings
- Improving Communications and

Membership:

Ries will contact IFALPA through Jochen, maintain AsMA and Eurocontrol as members.

## **Advisory Board Committee Report. Ries. Summary**

The Advisory Board Committee (ABC) met in January at Dafos. Switzerland facilitated by Stefan Dreschel.

The ABC met on the 11<sup>th</sup> April 2015 in Koln. Thanks to Claudia and Jochen for facilitating the ABC meeting. Arising out of that meeting were the following issues to be put to the EC for consideration:

- Age limits on single pilot ops commercial. Position paper
- Proposal on Cardiovascular risk evaluation based on René's Risk stratification algorithm. Recommendation will be sent to the EC.
- Meeting with EAAP, forming a working group between the psychologists and ESAM in the Fly Safe, Fly Well model. André Drogg President EAAP. Kevin Hedi, Ries and Claudia will act as ESAM working group members. This needs to be a strong working group.
- Lunch meeting at AsMA. As arranged.
- Jurgen Knuppel GA lack of material
- Set up a Space Working Group in communion with AsMA.
- Proposal of Human Factors research for the ECAST group via Lars as ESAM member.
- What are the safety critical elements of ATM and ATCO?

## **10. Lucnhtime meeting AsMA**

Ask each European member to bring national food as snacks. Provide tea and coffee for the meeting. Everyone bring a snack. There is an issue with the provision of drinks.

### **Declan will enquire about the provision of beverages.**

Kevin and Declan will give a resume and of the work they do.

- Sub orbital Flights SOFRAMAS
- Claudia on Astronaut rehabilitation from the ISS at DLR
- Ries on Social and Job stresses on young pilots, Univ of Ghent. Zero time contracts.
- Janis Fergus from EASA to address aeromedical flight safety issues. TBC
- Hedi stand in the Norwegian Military for psychiatric assessment.

The leaflets should be completed this week, requesting Seppe to set it up for 200 leaflets. Posters will enhance the pop ups. The Poster session needs to be manned between 11:00-15:00 on the Wednesday. Lars will need assistance at the ECAM 5 stand all week. The logistics were discussed.

**André Dalt, the psychologist**

**Roland Update 6.**

EASA

- Accreditation points for ECAM

- ESAM working group on Accreditation (Uwe, Elena and Anthony) included into the EASA
- Class 3 Part MED.
- ORA still needed, implementation by end December 2016
- ATCO and Aircrew subgroups
- Medical Officer EASA will raise the rulemaking.
- MEG meeting hoped for November
- Standardisation meeting
- SSCC seat confirmed.
- Visit of the chair of the SSCC at Eurocontrol.
- CMO forum group discussions
- Rulemaking from the Directorate for Strategic planning
- EASA on NPA on broadening tasks of EASA.
- Bilateral Agreements between Brazil and EASA (BAZA). Medical is excluded at present.
- Cabin Air Quality. No health affect evidenced requiring rulemaking by EASA.
- ICAO, EASA and Eurocontrol interaction requires integration.

#### AsMA

- International VP, Overseeing Committee for the International members, which might be renamed. Co-chair required.
- Sub committee for the recognition of the speciality of Aerospace medicine, consider a member from ESAM.
- Contact with flight surgeons around the world.
- Extra CMO Meeting proposed directly after the ICAO meeting.
- Meeting for mental health of pilots, representation by Ries, Kevin and Hedi, common working group between AsMA and ESAM.
- Poster Session
- ESAM at AsMA
- Ries member at the ATM committee.
- Take the flyers.
- Roland, Ries and Lars will attend.
- We need to push for European prize winners, such as Claudia who is a prize winner.
- Dr. David Gradwell will be President of AsMA in 2016.

## 6. Updates

### Fly Safe Fly Well.

- Kevin showcased the response to the programme given the recent visits. He is the chair of the session and first speaker. Anthony spoke the Norwegian approach, Tim Stevenson on the Wellness programme. Tony Evans on ICAO's approach.
- Anthony spoke of his invitation to the ICAO advisory panel, with representation from USA, Australia Canada Egypt, Japan New Zealand.



A proposal for an amendment to Annex 1 was set. It can be done at many levels, where the promotion of health education activities. Each state should bring about some change to include the psychological. States SHALL apply SMS to their medical examinations including:

- Aggregated data on incapacitation.
- Continued evaluation of the population in accordance with the risk factors of that state.

The ground work has been done by ESAM to facilitate this, but how do we get the pilots to disclose and discuss the issues. Currently, there is very little that the Pilot can see where there could be a benefit to disclosure. Reis spoke of the alcohol dependency group where they agreed not to fly, but allows them to keep the licence. Organisational need for transparency of the decision making process is required.

Changing the culture is what is slow.

This is a significant starting point.

## 8. Website Development and communications. Cristian

The Priority is to get the website up, functional and current.

Cristian made a number of points about the current website. The main issues were as follows:

- The ABC site needs to be updated.
- ESAM Members List has been updated.
- ESAM History Timeline has been added.
- Finalisation from the Software providers is awaited.
- We need to establish a proper website domain.
- Set up protected email addresses on the ESAM domain.
- Set up a Link to ECAM 6
- Set up a link to Facebook.
- Kevin used the blog to update the site, but this facility was unavailable for some time. He highlighted the difficulties of communication in the recent years.
- Declan will forward a record of current ESAM Officers to populate the following email lists:
  - EC
  - EC\_ABC
  - Extended EC\_ABC
  - OC\_ECAM\_2016

Martin suggested a "Contact us" button on the website. Lars will ask Kristoffer if he can provide website support. AsMA has won an award for their website. It is maintained by a full time post.

## 11. AOB

- Costs for flyers and business cards to date: €220-00
- Fees to Pay AsMA for Meeting room and AV facilities:

- Martin thanked Kevin for his expertise in controlling the meeting.
- Kevin asked Cristian about any potential conflict of interest, should he be appointed Medical Officer at EASA. Cristian felt there would be no issue of concern.
- Declan will generate a roster for the manning the Posters session and the ESAM Stand. Kevin will ask for assistance from his wife Jenny in this matter.

## 12. Meetings.

Kevin suggested using Doodle to arrange dates for meetings between now and September 2016.

An EC ABC meeting is proposed in late May/June. Location options include Oslo/ Antwerp/ Schiphol/ Budapest.

Later Meeting Options include:

Early December	EC ABC	Dubai
Early March	EC ABC	Italy
Early June 2016	EC ABC	Turkey/Oslo

Meeting Closed 16:30

The Meeting was followed by a tour of the DLR Biosphere Facility which was organised by Claudia.