

# Norwegian Association of Aviation Medicine



Norsk Flymedisinsk  
Forening

24. september 2025

To the election Committee of the European Society of Aviation Medicine, ESAM.

On the subject of support of the candidacy of Terje Sæhle for the Presidency of the European Society of Aviation Medicine.

Dear Members of the election committee,

I am writing to formally nominate Terje Sæhle, Md. Ph.d. M.Sc, for the position of President of the European Society of Aviation Medicine, ESAM.

It is with great confidence and enthusiasm that I put forward this nomination, as I believe he possess the qualities and vision needed to lead our organization.

Dr. Sæhle is a board-certified specialist in neurosurgery and community medicine, with more than 12 years of full-time experience in aviation and space medicine. He has extensive clinical background from specialist health care (hospital), a PhD in neurosurgical research, and a Master's degree in Extreme Medicine. He has served for 11 years as Medical Assessor for the Norwegian Civil Aviation Authority, and for 7 years on the European Space Agency Medical Board (including 4 years as Chairman). He leads the newly founded Norwegian Association of Space Medicine and is a board member of the Norwegian Baromedical Association.

Dr. Sæhle has maintained a long-standing collaboration with ESAM. He has contributed at ESAM courses and refresher training for AMEs during previous ESAM conferences. He has been a member of the ESAM Space Medicine Expert Group, and supported the oversight and approval of ESAM courses.

This combination of clinical, scientific, operational, and regulatory expertise reflects the breadth of perspectives required to lead ESAM and to advance its role as the

foremost European forum for aerospace medicine. Thank you for considering this nomination.

Sincerely,

Realf Ording Helgesen

President of the Norwegian Association of Aviation Medicine (NFF)